



MENU GLUTEN-FREE

ANTIPASTI

CAPRESE

Fresh cherry tomatoes with buffalo mozzarella, basil and rocket.

CARPACCIO

Thinly sliced beef fillet with fresh mushrooms, homemade Cipriani sauce, rocket and Grana Padano.

CESARE

PLEASE ORDER WITHOUT CROUTONS

Cos lettuce, homemade croutons, Grana Padano, which tastes best with our homemade Cesar dressing.

MISTA DELLA CASA

Mix of leafy salads, cherry tomatoes, carrots, radish, zucchini, red onions, mushrooms, spring onions, cucumber, bell pepper and Grana Padano.

MISTA PICCOLA

Mix of leafy salads, cherry tomatoes and carrots.

CREMA DI FUNGHI

Creamy risotto with fresh mushrooms, onions and cream, white wine, butter, Grana Padano and parsley.

POLLO AL LIMONE

Creamy risotto with tender chicken, sugar snaps, thyme, garlic, cream and Grana Padano.

PANNA COTTA

Homemade with fruity strawberry sauce.

CREMA DI FRAGOLA

Homemade mascarpone cream with fresh strawberries.

TOMATO SOUP

PLEASE ORDER WITHOUT CROUTONS

Soup made from sun-ripened tomatoes, refined with aromatic basil.

INSALATE

GREEK

Mix of leafy salads with aromatic Feta, cucumber, cherry tomatoes, Kalamon olives, capers, red onion rings and dill simply loves our Niçoise dressing.

NIÇOISE

Mix of leafy salads, lightly seared fillet of tuna, Kalamon olives, red onions, blanched green beans, potatoes, capers, anchovy and a boiled egg, which tastes best with our homemade Niçoise dressing.

CRUDO

Fresh mixed salad with spinach and rocket. We mix with Gorgonzola and our homemade Balsamic dressing. Refined with freshly sliced strawberries, walnuts and prosciutto crudo.

RISOTTO

SCAMPI

Scampi, spring onions, carrots, cherry tomatoes, rosemary, white wine and our homemade tomato sauce.

DOLCI

PASTICCINI

Homemade Italian pastry in different flavours.

CHOKLADTRYFFEL

A small piece for the chocolate lover.

VAPIANO®



MENU PREGNANT

ANTIPASTI

BRUSCHETTA

Crisply roasted ciabatta with tomatoes, marinated in garlic and in extra virgin olive oil.

CAPRESE

Fresh cherry tomatoes with buffalo mozzarella, basil and rocket.

MISTA DELLA CASA

PLEASE ORDER WITHOUT GRANA PADANO

Mix of leafy salads, cherry tomatoes, carrots, radish, zucchini, red onions, mushrooms, spring onions, cucumber, bell pepper and Grana Padano.

MISTA PICCOLA

Mix of leafy salads, cherry tomatoes and carrots.

GREEK

PLEASE ORDER WITH A DIFFERENT DRESSING

Mix of leafy salads with aromatic Feta, cucumber, cherry tomatoes, Kalamon olives, capers, red onion rings and dill simply loves our Niçoise dressing.

TOMATO SOUP

PLEASE ORDER WITHOUT GRANA PADANO

Soup made from sun-ripened tomatoes, refined with aromatic basil.

INSALATE

NIÇOISE

PLEASE ORDER WITH ANOTHER DRESSING AND WELL-DONE TUNA

Mix of leafy salads, lightly seared fillet of tuna, Kalamon olives, red onions, blanched green beans, potatoes, capers, anchovy and a boiled egg, which tastes best with our homemade Niçoise dressing.

CRUDO

Fresh mixed salad with spinach and rocket. We mix with Gorgonzola and our homemade Balsamic dressing. Refined with freshly sliced strawberries, walnuts and prosciutto crudo.

PASTA

PLEASE ORDER THE PASTA WITHOUT GRANA PADANO

AGLIO E OLIO

Fresh garlic in olive oil with chili and parsley

ALL'ARRABBIATA

Spicy homemade tomato sauce.

POMODORO

Homemade tomato sauce.

RAVIOLI CON RICOTTA SPINACI

Homemade ricotta-spinach-ravioli with spring onions in a light tomato sauce.

RATATOULLIE

Classic Mediterranean vegetables in homemade tomato sauce.

POLLO PICCANTE

Tender chicken breast, pak choi and bell pepper in homemade orangechili sauce.

CARBONARA

Bacon and onions in a creamy sauce with egg and Grana Padano, refined with fresh parsley.

ESTIVA

Tender chicken breast, semi-dried tomatoes in a light sauce with ginger, complemented by rocket and mint.



MENU PREGNANT

MARGHERITA

Homemade tomato sauce and plenty of mozzarella.

GORGONZOLA

Aromatic Gorgonzola and mozzarella, sprinkled with acacia honey with a hint of vanilla and garnished with fresh rosemary.

VERDURE

Homemade grilled vegetables and fresh mushrooms on tomato sauce and mozzarella.

BRUSCHETTA

PLEASE ORDER WITHOUT GRANA PADANO

Tomatoes marinated in garlic, basil and extra virgin olive oil with rocket and Grana Padano on tomato sauce and mozzarella.

DEATH BY CHOCOLATE

Homemade chocolate cake.

PASTICCINI

Homemade Italian pastry in different flavours.

CHOKLADTRYFFEL

A small piece for the chocolate lover.

PIZZA

CHÉVRE CON FICHI

PLEASE ORDER WITHOUT GRANA PADANO

Chevré, fresh figs, rocket, roasted walnuts, lemon and honey on olive oil and mozzarella.

DELL'ALPE

PLEASE ORDER WITHOUT GRANA PADANO

Gorgonzola, Grana Padano, smoked cheese, semi-dried tomatoes, fresh figs, rocket and mozzarella.

QUATTRO STAGIONI

Prosciutto cotto, fresh mushrooms, pickled artichokes and Kalamon olives on homemade tomato sauce and mozzarella.

TROPICALE

Prosciutto cotto and fresh pineapple on homemade tomato sauce and mozzarella.

DOLCI

CREMA DI FRAGOLA

Homemade mascarpone cream with fresh strawberries.

PANNA COTTA

Homemade with fruity strawberry sauce.



MENU

LACTOSE-FREE

ANTIPASTI

BRUSCHETTA

Crisply roasted ciabatta with tomatoes, marinated in garlic, basil and extra virgin olive oil.

CARPACCIO

Tunt skivad oxfile med färska champinjoner, vår hemgjorda Ciprianidressing, rucola och Grana Padano.

MISTA DELLA CASA

Mix of leafy salads, cherry tomatoes, carrots, radish, zucchini, red onions, mushrooms, spring onions, cucumber, bell pepper and Grana Padano.

CESARE

PLEASE ORDER WITHOUT CROUTONS

Cos lettuce, homemade croutons, Grana Padano, which tastes best with our homemade Cesar dressing.

MISTA PICCOLA

Mix of leafy salads, cherry tomatoes and carrots.

PIATTO ANTIPASTI

PLEASE ORDER WITHOUT BUFFALO MOZZARELLA

Our deli tray with buffalo mozzarella, a touch of pesto, prosciutto crudo, Salami Milano, semi dried tomatoes, black and green olives and a freshly baked bruschetta.

TOMATO SOUP

PLEASE ORDER WITHOUT CROUTONS

Soup made from sun-ripened tomatoes, refined with aromatic basil.

INSALATE

GREEK

PLEASE ORDER WITHOUT FETA

Mix of leafy salads with aromatic Feta, cucumber, cherry tomatoes, Kalamon olives, capers, red onion rings and dill simply loves our Niçoise dressing.

NICOISE

Mix of leafy salads, lightly seared fillet of tuna, Kalamon olives, red onions, blanched green beans, potatoes, capers, anchovy and a boiled egg, which tastes best with our homemade Niçoise dressing.

CRUDO

PLEASE ORDER WITHOUT GORGONZOLA

Fresh mixed salad with spinach and rocket. We mix with Gorgonzola and our homemade Balsamic dressing. Refined with freshly sliced strawberries, walnuts and prosciutto crudo.

DOLCI

PASTICCINI

Homemade Italian pastry in different flavours.



MENU

LACTOSE-FREE

PASTA & RISOTTO

AGLIO E OLIO

Fresh garlic in olive oil with chili and parsley

ALL'ARRABBIATA

Spicy homemade tomato sauce.

POMODORO

Homemade tomato sauce.

PESTO BASILICO

Homemade basil pesto with roasted pine nuts and Grana Padano.

PESTO ROSSO

PLEASE ORDER WITHOUT RICOTTA

Fresh tomatoes, ricotta and roasted pine nuts in homemade semi dried tomato pesto.

SCAMPI

A favorite of ours. Scampi, carrots, cherry tomatoes and spring onions in our delicious homemade tomato sauce refined with white wine and lemon.

RISOTTO SCAMPI

Delicious scampi* risotto with carrots, cherry tomatoes and spring onions in our homemade tomato sauce refined with white wine and lemon.

RAVIOLI CON CARNE

Homemade ravioli with bolognese filling in light tomato sauce.

RATATOULLIE

Classic Mediterranean vegetables in homemade tomato sauce.

POLLO PICCANTE

Tender chicken, pak choi and bell pepper in a homemade orange-chili sauce.

ESTIVA

Tender chicken, semi-dried tomatoes in a light sauce with ginger, complemented by rocket and mint.

FILETTO DI MANZO E RUCOLA

Tender beef fillet and fresh vegetables with white wine, cream and parsley.

SALSICCIA CON FICHI

Crispy seared spicy salsiccia with onions, fresh figs and rosmary in a homemade tomato sauce.

BOLOGNESE

PLEASE ORDER WITHOUT BUTTER

Italian beef and pork ragout, onions, celery, carrots and homemade tomato sauce.

PIZZA

PLEASE ORDER ALL PIZZAS WITHOUT MOZZARELLA

MARGHERITA

Homemade tomato sauce and plenty of mozzarella.

SALAMI

Salami Milano on homemade tomato sauce and mozzarella.

CALZONE

Spicy salsiccia, prosciutto cotto and fresh mushrooms on homemade tomato sauce and mozzarella.

TOSCANA

Spicy salsiccia, Kalamon olives and tomatoes marinated in fresh herbs on homemade tomato sauce and mozzarella.

PROSCIUTTO FUNGHI

Prosciutto cotto and fresh mushrooms on homemade tomato sauce and mozzarella.

TROPICALE

Prosciutto cotto and fresh pineapple on homemade tomato sauce and mozzarella.

QUATTRO STAGIONI

Prosciutto cotto, fresh mushrooms, pickled artichokes and Kalamon olives on homemade tomato sauce and mozzarella.

CRUDO

Prosciutto crudo and Grana Padano on homemade tomato sauce and mozzarella.

DIABOLO

Spicy salsiccia, fresh bell pepper and red onions on homemade tomato sauce and mozzarella.

SCAMPI E RUCOLA

Scampi*, rocket and Kalamon olives on homemade tomato sauce and mozzarella.

VERDURE

Homemade grilled vegetables and fresh mushrooms on tomato sauce and mozzarella.

BRUSCHETTA

Tomatoes marinated in garlic, basil and extra virgin olive oil with rocket and Grana Padano on tomato sauce and mozzarella.

VAPIANO®



MENU

MILK PROTEIN-FREE

ANTIPASTI

BRUSCHETTA

Crisply roasted ciabatta with tomatoes, marinated in garlic, basil and extra virgin olive oil.

CARPACCIO

PLEASE ORDER WITHOUT GRANA PADANO

Thinly sliced beef fillet with fresh mushrooms, homemade Cipriani dressing, rocket and Grana Padano.

PIATTO ANTIPASTI

PLEASE ORDER WITHOUT BUFFALO MOZZARELLA

Our deli tray with buffalo mozzarella, a touch of pesto, prosciutto crudo, Salami Milano, semi dried tomatoes, black and green olives and a freshly baked bruschetta.

TOMATO SOUP

PLEASE ORDER WITHOUT GRANA PADANO AND CROUTONS.

Soup made from sun-ripened tomatoes, refined with aromatic basil.

INSALATE

MISTA DELLA CASA

PLEASE ORDER WITHOUT GRANA PADANO

Mix of leafy salads, cherry tomatoes, carrots, radish, zucchini, red onions, mushrooms, spring onions, cucumber, bell pepper and Grana Padano.

MISTA PICCOLA

Mix of leafy salads, cherry tomatoes and carrots.

GREEK

PLEASE ORDER WITHOUT FETA

Mix of leafy salads with aromatic Feta, cucumber, cherry tomatoes, Kalamon olives, capers, red onion rings and dill simply loves our Niçoise dressing.

NICOISE

Mix of leafy salads, lightly seared fillet of tuna, Kalamon olives, red onions, blanched green beans, potatoes, capers, anchovy and a boiled egg, which tastes best with our homemade Niçoise dressing.

CRUDO

PLEASE ORDER WITHOUT GORGONZOLA

Fresh mixed salad with spinach and rocket. We mix with Gorgonzola and our homemade Balsamic dressing. Refined with freshly sliced strawberries, walnuts and prosciutto crudo.

PASTA & RISOTTO

PLEASE ORDER ALL PASTA WITHOUT GRANA PADANO

AGLIO E OLIO

Fresh garlic in olive oil with chili and parsley.

ALL'ARRABBIATA

Spicy homemade tomato sauce.

POMODORO

Homemade tomato sauce.

SCAMPI

A favorite of ours. Scampi*, carrots, cherry tomatoes and spring onions in our delicious homemade tomato sauce refined with white wine and lemon.

RISOTTO SCAMPI

A favorite of ours. Scampi*, carrots, cherry tomatoes and spring onions in our delicious homemade tomato sauce refined with white wine and lemon.

RAVIOLI CON CARNE

Homemade ravioli with bolognese filling in light tomato sauce.

RATATOULLIE

Classic Mediterranean vegetables in homemade tomato sauce.

POLLO PICCANTE

Tender chicken, pak choi and bell pepper in a homemade orange-chili sauce.

ESTIVA

Tender chicken, semi-dried tomatoes in a light sauce with ginger, complemented by rocket and mint.

FILETTO DI MANZO E RUCOLA

Tender beef fillet and fresh vegetables, with white wine, rocket and mushrooms.

BOLOGNESE

PLEASE ORDER WITHOUT BUTTER

Italian beef and pork ragout, onions, celery, carrots and homemade tomato sauce.

SALSICCIA CON FICHI

Crispy seared spicy salsiccia with onions, fresh figs and rosemary in a homemade tomato sauce.

VAPIANO®



MENU

MILK PROTEIN-FREE

PIZZA

PLEASE ORDER ALL PIZZA WITHOUT MOZZARELLA

MARGHERITA

Homemade tomato sauce and plenty of **mozzarella**.

SALAMI

Salami Milano on homemade tomato sauce and **mozzarella**.

CALZONE

Spicy salsiccia, prosciutto cotto and fresh mushrooms on homemade tomato sauce and **mozzarella**.

PROSCIUTTO FUNGHI

Prosciutto cotto and fresh mushrooms on homemade tomato sauce and **mozzarella**.

TROPICALE

Prosciutto cotto and fresh pineapple on homemade tomato sauce and **mozzarella**.

QUATTRO STAGIONI

Prosciutto cotto, fresh mushrooms, pickled artichokes and Kalamon olives on homemade tomato sauce and **mozzarella**.

DIABOLO

Spicy salsiccia, fresh bell pepper and red onions on homemade tomato sauce and **mozzarella**.

SCAMPI E RUCOLA

Scampi*, rocket and Kalamon olives on homemade tomato sauce and **mozzarella**.

VERDURE

Homemade grilled vegetables and fresh mushrooms on tomato sauce and **mozzarella**.

DOLCI

PASTICCINI

Homemade Italian pastry in different flavours.



MENU VEGAN

ANTIPASTI & ZUPPE

BRUSCHETTA

Crisply roasted ciabatta with tomatoes, marinated in garlic, basil and extra virgin olive oil.

TOMATO SOUP

PLEASE ORDER WITHOUT GRANA PADANO AND CROUTONS

Soup made from sun-ripened tomatoes, refined with aromatic basil.

INSALATE

MISTA PICCOLA

Mix of leafy salads, cherry tomatoes and carrots.

MISTA DELLA CASA

PLEASE ORDER WITHOUT GRANA PADANO

Mix of leafy salads, cherry tomatoes, carrots, radish, zucchini, red onions, mushrooms, spring onions, cucumber, bell pepper and Grana Padano.

NIÇOISE

PLEASE ORDER WITHOUT TUNA, ANCHOVY AND EGG

Mix of leafy salads, lightly seared fillet of tuna, Kalamon olives, red onions, blanched green beans, potatoes, capers, anchovy and a boiled egg, which tastes best with our homemade Niçoise dressing.

CRUDO

PLEASE ORDER WITHOUT GORGONZOLA

Fresh mixed salad with spinach and rocket. We mix with Gorgonzola and our homemade Balsamic dressing. Refined with freshly sliced strawberries, walnuts and prosciutto crudo.

PASTA

PLEASE ORDER WITHOUT GRANA PADANO

AGLIO E OLIO WITH SPAGHETTI

Fresh garlic in olive oil with chili and parsley.

ALL'ARRABBIATA WITH PENNE

Spicy homemade tomato sauce.

RATATOULLIE WITH PENNE

Classic Mediterranean vegetables in homemade tomato sauce.

POMODORO WITH SPAGHETTI

Homemade tomato sauce.

ESTIVA WITH CONCHIGLIE

PLEASE ORDER WITHOUT CHICKEN

Tender chicken, semi-dried tomatoes in a light sauce with ginger, complemented by rocket and mint.

POLLO PICCANTE WITH PAPPARDELLE

PLEASE ORDER WITHOUT CHICKEN

Tender chicken, pak choi and bell pepper in a homemade orange-chili sauce.

FILETTO DI MANZO E RUCOLA WITH CAMPANELLE

PLEASE ORDER WITHOUT BEEF

Tender beef fillet and fresh vegetables, with white wine¹, rocket and mushrooms.

PIZZA

PLEASE ORDER WITHOUT MOZZARELLA AND GRANA PADANO

VERDURE

Homemade grilled vegetables and fresh mushrooms on tomato sauce and mozzarella.

BRUSCHETTA

Tomatoes marinated in garlic, basil and extra virgin olive oil with rocket and Grana Padano on tomato sauce and mozzarella.

DOLCI

PASTICCINI

Homemade Italian pastry in different flavours.

PLEASE ORDER THE ALMOND CHOICE AND NOT THE HAZELNUT BECAUSE THE HAZELNUT CONTAINS EGG

VAPIANO®

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MENU VEGETERIAN

ANTIPASTI

BRUSCHETTA

Crisply roasted ciabatta with tomatoes, marinated in garlic, basil and extra virgin olive oil.

CAPRESE

Fresh cherry tomatoes with buffalo mozzarella, basil and rocket.

TOMATO SOUP

Soup made from sun-ripened tomatoes, refined with aromatic basil.

INSALATE

MISTA DELLA CASA

Mix of leafy salads, cherry tomatoes, carrots, radish, zucchini, red onions, mushrooms, spring onions, cucumber, bell pepper and Grana Padano.

MISTA PICCOLA

Mix of leafy salads, cherry tomatoes and carrots.

GREEK

Mix of leafy salads with aromatic Feta, cucumber, cherry tomatoes, Kalamon olives, capers, red onion rings and dill simply loves our Niçoise dressing.

NIÇOISE

PLEASE ORDER WITHOUT TUNA AND ANCHOVY

Mix of leafy salads, lightly seared fillet of tuna, Kalamon olives, red onions, blanched green beans, potatoes, capers, anchovy and a boiled egg, which tastes best with our homemade Niçoise dressing.

CRUDO

PLEASE ORDER WITHOUT PROSCUITTO CRUDO

Fresh mixed salad with spinach and rocket. We mix with Gorgonzola and our homemade Balsamic dressing. Refined with freshly sliced strawberries, walnuts and prosciutto crudo.

PASTA & RISOTTO

AGLIO E OLIO

Fresh garlic in olive oil with chili and parsley.

ALL'ARRABBIATA

Spicy homemade tomato sauce.

POMODORO

Homemade tomato sauce.

PESTO BASILICO

Homemade basil pesto with roasted pine nuts and Grana Padano.

PESTO ROSSO

Fresh tomatoes, ricotta and roasted pine nuts in homemade semi dried tomato pesto.

CREMA DI FUNGHI

Fresh mushrooms and oyster mushrooms, refined with white wine, cream and parsley.

RISOTTO CREMA DI FUNGHI

Creamy risotto with fresh mushrooms and oyster mushroom refined with white wine, cream and parsley.

RAVIOLI CON RICOTTA SPINACI

Homemade ricotta-spinach-ravioli with spring onions in a light tomato sauce.

RATATOULLIE

Classic Mediterranean vegetables in homemade tomato sauce.

POLLO PICCANTE

PLEASE ORDER WITHOUT CHICKEN

Tender chicken, pak choi and bell pepper in a homemade orange-chili sauce.

ESTIVA

PLEASE ORDER WITHOUT CHICKEN

Tender chicken, semi-dried tomatoes in a light sauce with ginger, complemented by rocket and mint.

FILETTO DI MANZO E RUCOLA

PLEASE ORDER WITHOUT BEEF

Tender beef fillet and fresh vegetables, with white wine, rocket and mushrooms.



MENU

VEGETERIAN

MARGHERITA

Homemade tomato sauce and plenty of mozzarella.

GORGONZOLA

Aromatic Gorgonzola and mozzarella, drizzled with acacia honey with a hint of vanilla and garnished with fresh rosemary.

PESTO CON SPINACI

Fresh spinach and tomatoes marinated in garlic and basil on creamy pesto sauce, with mozzarella.

VERDURE

Homemade grilled vegetables and fresh mushrooms on tomato sauce and mozzarella.

BRUSCHETTA

Tomatoes marinated in garlic, basil and extra virgin olive oil with rocket and Grana Padano on tomato sauce and mozzarella.

CHOKLADTRYFFEL

A small piece for the chocolate lover.

PIZZA

PERLA

PLEASE ORDER WITHOUT PROSCIUTTO CRUDO

Our unique combination of pizza and antipasti. A pizza shell with a pearly inside of buffalo mozzarella, spicy arugula, cherry tomatoes and prosciutto crudo.

CHÈVRE CON FICHI

Chèvre, fresh figs, rocket, walnuts, lemon and honey on olive oil and mozzarella.

DELL'ALPE

Gorgonzola, Grana Padano, smoked cheese, semi-dried tomatoes, fresh figs, rocket on olive oil and mozzarella.

FILETTO DI MANZO TRE FORMAGGIO

PLEASE ORDER WITHOUT BEEF

Tender beef fillet, spinach, semidried tomatoes, ricotta, Grana Padano on homemade tomato sauce and mozzarella.

DOLCI

DEATH BY CHOCOLATE

Homemade chocolate cake.